# **Community Supports**

Families Matter Inc. provides Adult Community Support Services. This service creates the opportunity for community integration, while improving social skills and personal independence. Families Matter Inc. works on a variety of goals and objectives, which are driven and supported by the Person Centered Planning process. All activities are therapeutic and goal based. Opportunities for Therapeutic recreation are, but not limited to:

- > Horseback Riding
- Visits to local area parks & Walking trails
- Participation in sports & indoor/outdoor games
- Visiting local businesses
- Gross/Fine Motor Skills

# **In-Home Supports**

Families Matter Inc. In-Home support creates opportunity to develop and improve skills necessary for safe independent living. Services are coordinated by the Person Centered Plan Process. Goals include, but not limited to:

- Money management and grocery shopping
- Activities of Daily Living
- Exploring public resources
- Healthy Eating & Food Preparation
- Safety Awareness
- Natural Supports/Resources



# PROUDLY SERVING Augusta Farmington Skowhegan South China Waterville



Creating Growth & Success Since 1996

### Families Matter Inc.

Community

&

In-Home Supports

Proudly Serving Maine Since 1996

# Families Matter, Inc.

**Community** 

&

**In-Home Supports** 



Enhancing the Quality of Life Of Special Needs Adults and Their Families.

Helped by the United Way



# **HISTORY**

Families Matter, Inc. was informally organized in 1992. At that time, the group, comprised and primarily supported by parents of special needs young adults, provided a one-half day a week program to young adults transitioning from area schools, or young adults not eligible for other area services. In 1994, the group became incorporated with the State of Maine, achieved a designated IRS nonprofit, tax exempt [501(c)(3)] status and developed a formal consumer program recognized and funded by MaineCare and the Maine Department of Behavioral and Developmental Services.

The consumer program known as the Personal Social Awareness Program © began operation in Augusta, Me. on February 6, 1996 providing services four days a week to four special needs young adults. The program has matured since its inception and has grown to a 5 day/week program serving more than 80 consumers in five locations: Augusta, Farmington, Skowhegan, South China, and Waterville, ME.

Families Matter, Inc. recognizes the need for community involvement, and provides a number of broad-based services, such as support activities and social events for persons with special needs.

### Opportunities



Wisdom



Independence

Friendship



Happiness

Motivation



Achievement

Growth

Self Esteem

## **Mission Statement**

Families Matter, Inc. Mission Statement is: To enhance the quality of life for 'special needs' young adults and their families. We do this by providing the highest quality of services through our Personal Social Awareness Program ©. The primary goal of Families Matter, Inc. is to support special needs young adults and their families through education, programming, therapeutic activities, and to encourage participation in all activities of life to the fullest extent possible. Families Matter Inc. assists in promoting individual independence and motivation to meet individual needs and desires. Our goals are achieved by hiring skilled, dedicated, certified and compassionate staff.

### Families Matter Inc.

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