



Building Pathways Beyond High School Transforming Lives Through Independence, Empowerment and Building Community

We don't just provide services to adults with intellectual and developmental disabilities—we create pathways to independence through individualized support, real-world skill building, and genuine community inclusion.



Your Journey Starts Here

We've saved a place for you.

With open doors at all four locations and no waiting lists, we're ready to welcome you or your loved one into our supportive community.

Getting Started is Easy:

1. Schedule a tour of your preferred location
2. Meet our team and see our programming in action
3. Experience a complimentary trial day
4. We handle all paperwork and coordinate with

Schedule Your Free Visit Today

-  207-621-1024
-  Hello@FamiliesMatterInc.org
-  www.FamiliesMatterInc.org

Four Convenient Locations

Hallowell | 28 Mayflower Road, Hallowell, ME 04347 | 207-621-1023

Gardiner | 321 Brunswick Ave, Gardiner, ME 04345 | 207-203-0004

Skowhegan | 334 Canaan Road, Skowhegan, ME 04976 | 207-612-2992

Waterville | 150 North Street, Waterville, ME 04901 | 207-616-3284

Program Hours: Hallowell and Gardiner: 8:30 AM–2 PM | Skowhegan and Waterville: 8 AM–1:30 PM



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Families Matter Inc

Promoting Independence & Empowerment

Personalized support for adults with intellectual and developmental disabilities since 1996.



We Foster Growth and Connection

When school-based services end, many families wonder: What's next?

At Families Matter, we provide the answer. For nearly 30 years, we've created a place where adults with intellectual and developmental disabilities don't just participate in the community—they actively shape it through their contributions, relationships, and unique perspectives.

What makes us truly special is the lasting relationships we build. Many of our staff members have been with us for 15-20+ years, creating a stability that allows deep understanding and genuine connections to flourish. This continuity means we know each person's unique preferences, celebrate their milestones year after year, and provide the consistent support that fosters true growth.

The Families Matter Difference

- ✓ **3:1 Staff-to-Individual Ratio** – Personalized attention ensuring quality care
- ✓ **Person-Centered Planning** – Your goals drive everything we do
- ✓ **All-Inclusive Programming** – Outings and activities covered at no cost to families
- ✓ **Consistency You Can Trust** – Staff longevity that creates deep personal connections

"When Gabe graduated from high school, we didn't know what we were going to do next... Families Matter is different and it's special. When we walked through the door, we knew that was the spot for Gabe."

— Stephanie, Client Guardian



Building Independence Through Three Core Areas

1. Life Skills Development

Practical skills that increase independence—money management, cooking, self-care, safety awareness, and healthy eating. Each person's goals guide which skills we focus on developing together.

2. Community Integration

Daily participation in shaping the community through volunteer opportunities at local organizations and community events. We believe true integration means being valued community members, not just visitors.

3. Social Connection and Relationships

Authentic friendships through peer interaction and communication skill development. Many participants have maintained friendships for years or even decades.

Signature Programs

Special Olympics Champions

Year-round training, competition at regional and state events, and the pride of representing their communities since 1996.



Community Impact Volunteers

Serving at six community partners, including the Augusta Food Bank, local nursing homes, and animal shelters—building vocational skills while making real contributions.



Daily Life Skills Development

Bowling, cooking classes, shopping skills, and seasonal outings to beaches and parks—fully covered with no additional cost to families.



Our Impact

95-100 Individuals Served Annually
29+ Years Serving Central Maine
4 Locations in Kennebec and Somerset Counties



27,456+ Volunteer Hours
Contributed by Participants
to Local Organizations



Who We Serve

Adults (18+) with intellectual and developmental disabilities, families seeking continuity after high school, and the case managers and educators who refer them.